



## Asian Fusion Cafe

TMS002149

**Sweet & Sour Pork** with fried rice and yellow corn.

**Pork Rib Patty in Korean BBQ Sauce** with broccoli and pineapple Mandarin coconut fruit.

**Chicken in Thai Ginger Red Curry Sauce** with green beans and carrots.

**Fish in Sweet and Sour Sauce** with gingered brown rice and edamame.

**Beef Patty in Teriyaki Sauce** with white rice and mixed vegetables.

**General Tso's Chicken** with gingered rice and peas & carrots.

**Meatballs in Orange Sauce** with white rice and peas.

## Latin Flavors

TMS002147

**Beef Patty in Brown Gravy** with brown rice and mixed vegetables.

**Homemade Chicken Stew** with peas & carrots and strawberry applesauce crisp.

**Chicken Patty in Picadillo Sauce** with green peas and sweet potatoes.

**Three Bean Beef Chili** with carrot squash medley.

**Mexican Bean Burrito in Queso** with carrots and parsleyed whole kernel corn.

**Pork Riblet in BBQ Sauce** with sweet potatoes and mixed vegetables.

**Western-Style Omelet** with breakfast potatoes, and strawberry applesauce crisp.

## Latin Kitchen Favorites

TMS002148

**Chicken & Rice** with tomatoes and chives, and green bean & red pepper mix.

**Vegetarian Chili** with carrots.

**Chicken Fajita** with butternut squash and black beans.

**Pork Chop Patty in Sofrito Sauce** with cilantro stewed tomatoes and sweet potatoes.

**Twisted Mac & Cheese with Chicken Chorizo** with mixed vegetables.

**Rancheros Cheese Omelet** with chicken chorizo, breakfast potatoes and pinto beans with cranberry pears.

**Chicken Patty in Picadillo Sauce** with green peas and sweet potatoes.

Based on product availability, substitutions may be made.



### Option 1

TMS0001282

**Chicken Cutlet** with mashed sweet potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Beef Picadillo** with mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

**Spanish Omelet** with parsley potatoes, green beans & corn, whole wheat dinner roll, margarine, and fruit juice.

**Sweet and Sour Beef Meatballs** with white rice, peas & carrots, whole wheat dinner roll, margarine, and fruit juice.

**Breaded Fish** with pasta with garlic sauce, green peas & carrots, whole wheat dinner roll, and fruit juice.

**Turkey Chili** with roasted garlic red potatoes, cabbage, whole wheat dinner roll, margarine, and fruit juice.

**Cheese Stuffed Shells** with mixed vegetables, whole wheat dinner roll, and fruit juice.

### Option 2

TMS0001279

**Baked Ziti with Ground Beef & Marinara Sauce** with green peas, whole wheat dinner roll, and fruit juice.

**Teriyaki Fish** with vegetable fried rice, cabbage & corn, whole wheat dinner roll, margarine, and fruit juice.

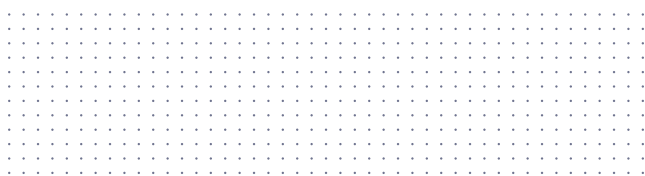
**Chicken Cutlet** with garlic mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

**Beef Meatballs with Sofrito Sauce**, with white rice with red beans, carrots & corn, whole wheat dinner roll, and fruit juice.

**Cheese Lasagna** with mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Turkey Picadillo** with mashed potatoes, carrots & corn, whole wheat dinner roll, and fruit juice.

**Cheese Omelet**, with parsley potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.



All meals include nonfat dry milk.



## Option 3

TMS0001281

**Cheese Stuffed Shells** with carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

**Chicken Cutlet** with mashed potatoes, green peas, whole wheat dinner roll, margarine, and fruit juice.

**Pineapple Glazed Fish** with white rice with black beans, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Salisbury Steak with Gravy** with parsley potatoes, green beans, whole dinner roll, margarine, and fruit juice.

**Spanish Omelet** with hash browns, green beans & corn, whole wheat dinner roll, margarine, and seasonal fruit or fruit juice.

**Breaded Fish** with spaghetti with garlic sauce, mixed vegetables, whole wheat dinner roll, and fruit juice.

**Beef Meatloaf with Mushroom Gravy** with garlic mashed potatoes, carrots, and fruit juice.

## Option 4

TMS0001280

**Beef Meatballs with Sofrito Sauce** with mashed potatoes, carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

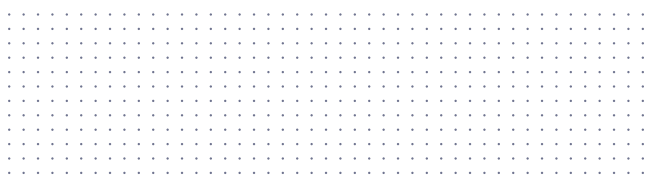
**Eggplant Parmesan** with pasta with marinara sauce, green beans & carrots, whole wheat dinner roll, margarine, and fruit juice.

**Beef Meatloaf with Mushroom Gravy** with garlic mashed potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Chicken Cutlet** with Spanish rice, cabbage & carrots, whole wheat dinner roll x2, margarine, and fruit juice.

**Fish Almondine** with spaghetti and garlic sauce, carrots, whole wheat dinner roll, margarine, and fruit juice.

**Cheese Omelet** with hash browns, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.



All meals include nonfat dry milk.



Pantry Meals offer a nutritious, shelf-stable meal in minutes with minimal preparation. Prepackaged in easy-to-open containers, these meals are convenient to have on hand as no refrigeration is required. Meals feature brands such as Nature Valley®, Kashi® and Keebler.

## Option 1 (SS000893)

- Red Beans and Rice** with fruit juice, mixed fruit cup, whole wheat tortilla, and granola bar.
- Beef Hash** with fruit juice, applesauce, and oatmeal.
- Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- Chicken Stew** with fruit juice, mixed fruit cup, graham crackers, wheat crackers, peanut butter, jelly, and granola bar.
- Chicken Salad** with raisins, peach cup, and whole wheat crackers.
- Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.

## Option 2 (SS000891)

- Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- Spaghetti and Meatballs** with fruit juice, graham crackers, and peanut butter.
- Lasagna** with fruit juice, graham crackers, wheat crackers, and chocolate pudding.
- Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- Chicken Stew** with fruit juice, mixed fruit cup, graham crackers, wheat crackers, peanut butter, jelly, and granola bar.
- BBQ Beef** with fruit juice, raisins, whole wheat crackers, and sunflower seeds.
- Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.

- Available in **5-day** meal plan.
- Available in **2-day** meal plan.

Based on product availability, substitutions may be made.





## Option 1

SS001024

**Beef Stew** with orange-tangerine juice x2, applesauce, granola bar, peanut butter, mini wheats cereal, and SunMeadow nonfat dry milk.

**Corned Beef Hash** with orange-tangerine juice x2, raisins, applesauce, mini wheats cereal, and SunMeadow nonfat dry milk.

**Chicken & Pasta** with orange-tangerine juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

**Frank & Beans** with orange-tangerine juice x2, raisins, peanut butter, applesauce, and SunMeadow nonfat dry milk.

**Chicken Stew** with orange-tangerine juice x2, peanut butter/jelly, mixed fruit cup, instant oatmeal, and SunMeadow nonfat dry milk.

**Chicken Salad** with orange-tangerine juice x2, mayonnaise/mustard, salad wafer crackers, raisins, peanuts, peach cup, and SunMeadow nonfat dry milk.

**BBQ Beef** with orange-tangerine juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

## Option 2

SS0001025

**Chicken Stew** with orange-tangerine juice x2, peanut butter/jelly, mixed fruit cup, instant oatmeal, and SunMeadow nonfat dry milk.

**Frank & Beans** with orange-tangerine juice x2, peanut butter, raisins, applesauce, and SunMeadow nonfat dry milk.

**Chicken Salad** with orange-tangerine juice x2, mayonnaise/mustard, salad wafer crackers, raisins, peanuts, peach cup, and SunMeadow nonfat dry milk.

**Lasagna** with orange-tangerine juice, mini wheats cereal, peanut butter, raisins, and SunMeadow nonfat dry milk.

**Chili Mac** with orange-tangerine juice x2, peanut butter, raisins x2, and SunMeadow nonfat dry milk.

**Chicken and Pasta with orange-tangerine** juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

**BBQ Beef** with orange-tangerine juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

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