



Asian Fusion Cafe

TMS002149

Sweet & Sour Pork with fried rice and yellow corn.

Pork Rib Patty in Korean BBQ Sauce with broccoli and pineapple Mandarin coconut fruit.

Chicken in Thai Ginger Red Curry Sauce with green beans and carrots.

Fish in Sweet and Sour Sauce with gingered brown rice and edamame.

Beef Patty in Teriyaki Sauce with white rice and mixed vegetables.

General Tso's Chicken with gingered rice and peas & carrots.

Meatballs in Orange Sauce with white rice in Thai curry sauce and peas.

Latin Flavors

TMS002147

Beef Patty in Brown Gravy with brown rice and mixed vegetables.

Homemade Chicken Stew with carrots and strawberry applesauce crisp.

Chicken Patty in Picadillo Sauce with green peas and sweet potatoes.

Three Bean Beef Chili with squash medley.

Mexican Bean Burrito in Queso with carrots and parsleyed whole kernel corn.

Pork Riblet in BBQ Sauce with sweet potatoes and mixed vegetables.

Western-Style Omelet with breakfast potatoes, turkey sausage, and strawberry applesauce crisp.

Latin Kitchen Favorites

TMS002148

Chicken & Rice with tomatoes and chives, and green bean & red pepper mix.

Vegetarian Chili with carrots.

Chicken Fajita with butternut squash and black beans.

Pork Chop Patty in Sofrito Sauce with cilantro stewed tomatoes and sweet potatoes.

Twisted Mac & Cheese with Chicken Chorizo with carrots.

Rancheros Cheese Omelet with chicken chorizo, potatoes and pinto beans with cranberry pears.

Chicken Patty in Picadillo Sauce with green peas and sweet potatoes.

Based on product availability, substitutions may be made.



Option 1

TMS0001282

Chicken Cutlet with mashed sweet potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Beef Picadillo with mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

Spanish Omelet with parsley potatoes, green beans & corn, whole wheat dinner roll, margarine, and fruit juice.

Sweet and Sour Beef Meatballs with white rice, peas & carrots, whole wheat dinner roll, margarine, and fruit juice.

Breaded Fish with pasta with garlic sauce, green peas & carrots, whole wheat dinner roll, and fruit juice.

Turkey Chili with roasted garlic red potatoes, cabbage, whole wheat dinner roll, margarine, and fruit juice.

Cheese Stuffed Shells with mixed vegetables, whole wheat dinner roll, and fruit juice.

Option 2

TMS0001279

Baked Ziti with Ground Beef & Marinara Sauce with green peas, whole wheat dinner roll, and fruit juice.

Teriyaki Fish with vegetable fried rice, cabbage & corn, whole wheat dinner roll, margarine, and fruit juice.

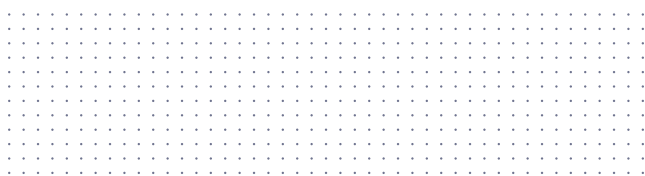
Chicken Cutlet with garlic mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

Beef Meatballs with Sofrito Sauce, with white rice with red beans, carrots & corn, whole wheat dinner roll, and fruit juice.

Cheese Lasagna with mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Turkey Picadillo with mashed potatoes, carrots & corn, whole wheat dinner roll, and fruit juice.

Cheese Omelet, with parsley potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.



All meals include nonfat dry milk.



Option 3

TMS0001281

Cheese Stuffed Shells with carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

Chicken Cutlet with mashed potatoes, green peas, whole wheat dinner roll, margarine, and fruit juice.

Pineapple Glazed Fish with white rice with black beans, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Salisbury Steak with Gravy with parsley potatoes, green beans, whole dinner roll, margarine, and fruit juice.

Spanish Omelet with hash browns, green beans & corn, whole wheat dinner roll, margarine, and seasonal fruit or fruit juice.

Breaded Fish with spaghetti with garlic sauce, mixed vegetables, whole wheat dinner roll, and fruit juice.

Beef Meatloaf with Mushroom Gravy with garlic mashed potatoes, carrots, and fruit juice.

Option 4

TMS0001280

Beef Meatballs with Sofrito Sauce with mashed potatoes, carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

Eggplant Parmesan with pasta with marinara sauce, green beans & carrots, whole wheat dinner roll, margarine, and fruit juice.

Beef Meatloaf with Mushroom Gravy with garlic mashed potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Chicken Cutlet with Spanish rice, cabbage & carrots, whole wheat dinner roll x2, margarine, and fruit juice.

Fish Almondine with spaghetti and garlic sauce, carrots, whole wheat dinner roll, margarine, and fruit juice.

Cheese Omelet with hash browns, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

All meals include nonfat dry milk.



Pantry Meals offer a nutritious, shelf-stable meal in minutes with minimal preparation. Prepackaged in easy-to-open containers, these meals are convenient to have on hand as no refrigeration is required. Meals feature brands such as Nature Valley®, Kashi® and Keebler.

Option 1 (SS000893)

- Red Beans and Rice** with fruit juice, mixed fruit cup, whole wheat tortilla, and granola bar.
- Beef Hash** with fruit juice, applesauce, and oatmeal.
- Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- Chicken Stew** with fruit juice, mixed fruit cup, graham crackers, wheat crackers, peanut butter, jelly, and granola bar.
- Chicken Salad** with raisins, peach cup, and whole wheat crackers.
- Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.

Option 2 (SS000891)

- Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- Spaghetti and Meatballs** with fruit juice, graham crackers, and peanut butter.
- Lasagna** with fruit juice, graham crackers, wheat crackers, and chocolate pudding.
- Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- Chicken Stew** with fruit juice, mixed fruit cup, graham crackers, wheat crackers, peanut butter, jelly, and granola bar.
- BBQ Beef** with fruit juice, raisins, whole wheat crackers, and sunflower seeds.
- Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.

- Available in **5-day** meal plan.
- Available in **2-day** meal plan.

Based on product availability, substitutions may be made.





Option 1

SS001024

Beef Stew with orange-tangerine juice x2, applesauce, granola bar, peanut butter, mini wheats cereal, and SunMeadow nonfat dry milk.

Corned Beed Hash with orange-tangerine juice x2, raisins, applesauce, mini wheats cereal, and SunMeadow nonfat dry milk.

Chicken & Pasta with orange-tangerine juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

Frank & Beans with orange-tangerine juice x2, raisins, peanut butter, applesauce, and SunMeadow nonfat dry milk.

Chicken Stew with orange-tangerine juice x2, peanut butter/jelly, mixed fruit cup, instant oatmeal, and SunMeadow nonfat dry milk.

Chicken Salad with orange-tangerine juice x2, mayonnaise/mustard, salad wafer crackers, raisins, peanuts, peach cup, and SunMeadow nonfat dry milk.

BBQ Beef with orange-tangerine juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

Option 2

SS0001025

Chicken Stew with orange-tangerine juice x2, peanut butter/jelly, mixed fruit cup, instant oatmeal, and SunMeadow nonfat dry milk.

Frank & Beans with orange-tangerine juice x2, peanut butter, raisins, applesauce, and SunMeadow nonfat dry milk.

Chicken Salad with orange-tangerine juice x2, mayonnaise/mustard, salad wafer crackers, raisins, peanuts, peach cup, and SunMeadow nonfat dry milk.

Lasagna with orange-tangerine juice, mini wheats cereal, peanut butter, raisins, and SunMeadow nonfat dry milk.

Chili Mac with orange-tangerine juice x2, peanut butter, raisins x2, and SunMeadow nonfat dry milk.

Chicken and Pasta with orange-tangerine juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

BBQ Beef with orange-tangerine juice x2, peanut butter, raisins, instant oatmeal, and SunMeadow nonfat dry milk.

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