



## Asian Fusion Cafe

TMS002149

**Pork Chop in Sweet & Sour Sauce** with fried rice and parslid corn.

**Pork Rib Patty in Korean BBQ Sauce** with broccoli and pineapple Mandarin coconut fruit.

**Chicken in Thai Ginger Red Curry Sauce** with green beans and carrots.

**Fish in Sweet and Sour Sauce** with gingered brown rice and edamame.

**Beef Patty in Teriyaki Sauce** with white rice and mixed vegetables.

**General Tso's Chicken** with gingered rice and peas & carrots.

**Meatballs in Orange Sauce** with white rice and green beans.

## Latin Kitchen Favorites

TMS002248

**Chicken & Rice** with tomatoes and chives and green bean & red pepper mix.

**Chicken Fajita** with butternut squash and black beans.

**Pork Chop Patty in Sofrito Sauce** with cilantro stewed tomatoes and sweet potatoes.

**Twisted Mac & Cheese with Vegan Chorizo** with mixed vegetables.

**Chicken Patty in Picadillo Sauce** with green peas and sweet potatoes.

**Rancheros Cheese Omelet** with chicken chorizo, diced breakfast potatoes with onion, and cranberry pears.

**Mexican Bean Burrito in Queso** with corn and carrots.

Available in **5-day** meal plan.



### Option 1

TMS0001282

**Chicken Cutlet** with mashed sweet potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Beef Picadillo** with mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

**Spanish Omelet** with parsley potatoes, green beans & corn, whole wheat dinner roll, margarine, and fruit juice.

**Sweet and Sour Beef Meatballs** with white rice, peas & carrots, whole wheat dinner roll, margarine, and fruit juice.

**Breaded Fish** with pasta with garlic sauce, green peas & carrots, whole wheat dinner roll, and fruit juice.

**Turkey Chili** with roasted garlic red potatoes, cabbage, whole wheat dinner roll, margarine, and fruit juice.

**Cheese Stuffed Shells** with mixed vegetables, whole wheat dinner roll, and fruit juice.

### Option 2

TMS0001279

**Baked Ziti with Ground Beef & Marinara Sauce** with green peas, whole wheat dinner roll, and fruit juice.

**Teriyaki Fish** with vegetable fried rice, cabbage & corn, whole wheat dinner roll, margarine, and fruit juice.

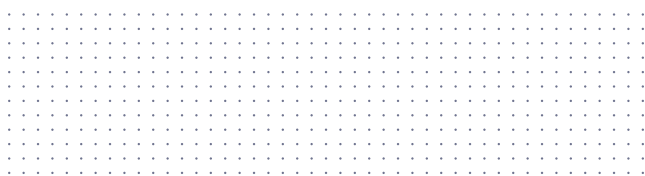
**Chicken Cutlet** with garlic mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

**Beef Meatballs with Sofrito Sauce**, with white rice with red beans, carrots & corn, whole wheat dinner roll, and fruit juice.

**Cheese Lasagna** with mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Turkey Picadillo** with mashed potatoes, carrots & corn, whole wheat dinner roll, and fruit juice.

**Cheese Omelet**, with parsley potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.



All meals include nonfat dry milk.



### Option 3

TMS0001281

**Cheese Stuffed Shells** with carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

**Chicken Cutlet** with mashed potatoes, green peas, whole wheat dinner roll, margarine, and fruit juice.

**Pineapple Glazed Fish** with white rice with black beans, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Salisbury Steak with Gravy** with parsley potatoes, green beans, whole dinner roll, margarine, and fruit juice.

**Spanish Omelet** with hash browns, green beans & corn, whole wheat dinner roll, margarine, and seasonal fruit or fruit juice.

**Breaded Fish** with spaghetti with garlic sauce, mixed vegetables, whole wheat dinner roll, and fruit juice.

**Beef Meatloaf with Mushroom Gravy** with garlic mashed potatoes, carrots, and fruit juice.

### Option 4

TMS0001280

**Beef Meatballs with Sofrito Sauce** with mashed potatoes, carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

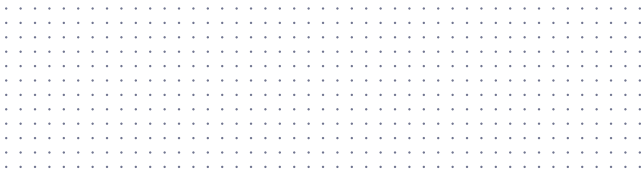
**Eggplant Parmesan** with pasta with marinara sauce, green beans & carrots, whole wheat dinner roll, margarine, and fruit juice.

**Beef Meatloaf with Mushroom Gravy** with garlic mashed potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

**Chicken Cutlet** with Spanish rice, cabbage & carrots, whole wheat dinner roll x2, margarine, and fruit juice.

**Fish Almondine** with spaghetti and garlic sauce, carrots, whole wheat dinner roll, margarine, and fruit juice.

**Cheese Omelet** with hash browns, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.



All meals include nonfat dry milk.



Pantry Meals offer a nutritious, shelf-stable meal in minutes with minimal preparation. Prepackaged in easy-to-open containers, these meals are convenient to have on hand as no refrigeration is required. Meals feature brands such as Nature Valley®, Kashi® and Keebler.

## Option 1

SS000893

- Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- Spaghetti and Meatballs** with fruit juice, graham crackers, and peanut butter.
- Lasagna** with fruit juice, graham crackers, wheat crackers, and pudding.
- Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- Chicken Stew** with fruit juice, fruit cup, peanut butter, jelly, and granola bar.
- BBQ Beef** with fruit juice, whole wheat crackers, and sunflower seeds.
- Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.

Available in **5-day** meal plan.

Available in **2-day** meal plan.

Based on product availability, substitutions may be made.

## Option 2

SS000891

- Red Beans and Rice** with fruit juice, mixed fruit cup, whole wheat tortilla, and granola bar.
- Beef Hash** with fruit juice, applesauce, and oatmeal.
- Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- Chicken Stew** with fruit juice, fruit cup, wheat crackers, peanut butter, jelly, and granola bar.
- Chicken Salad** with raisins, peach cup, and whole wheat crackers.
- Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.



Pantry Meals offer a nutritious, shelf-stable meal in breakfast minutes with minimal preparation.

## Breakfast

SS001038

- Mini Wheats Cereal** with applesauce, fruit juice, instant oatmeal, and peanut butter.
  - Raisin Bran Cereal** with fruit juice, fruit cup, peanut butter, and instant breakfast.
  - Instant Oatmeal** with fruit juice, fruit cup, peanut butter, and granola bar.
  - Cranberry Vanilla Granola** with fruit juice, fruit cup, peanut butter, instant breakfast, and Nutri-Grain bar.
  - Instant Oatmeal** with fruit juice, applesauce, peanut butter, and cranberry vanilla granola.
  - Toasted Oats Cereal** with fruit juice, fruit cup, instant breakfast, peanut butter, and granola bar.
  - All Bran Wheat Flakes**, fruit juice, fruit cup, instant oatmeal, graham crackers, and peanut butter.
- Available in **5-day** meal plan - S1001037

*All meals served with Ultra High Temperature Milk*

Based on product availability, substitutions may be made.



## Option 1

SS001033

**Chicken Stew** with fruit juice, applesauce, peanuts, and Kashi bar.

**Chicken Salad** with fruit juice, mayonnaise, whole wheat tortilla (x2), and fruit snacks (x2).

**BBQ Beef** with fruit juice, wheat crackers (x2), fruit cup, trail mix, and oatmeal.

**Breakfast** with fruit juice, peanut butter, mini wheats cereal, raisins, and oatmeal.

**Chili Mac** with fruit juice, trail mix, and fruit cup.

**Chicken & Pasta** with fruit juice, peanuts, applesauce (x2), and fruit snacks.

**Beef Stew Meal** with fruit juice, trail mix, and fruit snacks.

*All meals served with nonfat fortified dry milk.*

Based on product availability, substitutions may be made.

## Option 2

SS001034

**Tuna Salad** with mayonnaise, whole wheat tortillas (x2), trail mix, and fruit snacks.

**Breakfast Meal** with fruit juice, peanut butter, mini wheats cereal, raisins, and oatmeal.

**Chicken & Pasta** with fruit juice, peanuts, applesauce (x2), and fruit snacks.

**Lasagna** with fruit juice, trail mix, and fruit snacks.

**Chicken Salad** with fruit juice, mayonnaise, whole wheat tortilla (x2), and fruit snacks (x2).

**Chili Mac** with fruit juice, trail mix, and fruit cup.

**Beef Stew** with fruit juice, trail mix, and fruit snacks.

*All meals served with nonfat fortified dry milk.*



## Option 1

SS001035

**BBQ Beef** with fruit juice, wheat crackers (x2), fruit cup, trail mix, and oatmeal.

**Chicken Salad** with fruit juice, mayonnaise, whole wheat tortilla (x2), and fruit snacks (x2).

**Breakfast** with fruit juice, peanut butter, mini wheats cereal, raisins, and oatmeal.

**Beef Stew** with fruit juice, energy trail mix, and fruit snacks.

**Chili Mac** with fruit juice, trail mix, and fruit cup.

*All meals served with nonfat fortified dry milk.*

Based on product availability, substitutions may be made.

## Option 2

SS001036

**Breakfast** with fruit juice, peanut butter, Mini Wheat Cereal, raisins, and oatmeal.

**Lasagna** with fruit juice, trail mix, and fruit snacks.

**Tuna Salad** with mayonnaise, whole wheat tortillas x2, trail mix, and fruit snacks.

**Chicken Stew** with fruit juice, applesauce, Kashi bar, and peanuts.

**Chili Mac** with fruit juice, trail mix, and fruit cup.

*All meals served with nonfat fortified dry milk.*