



Asian Fusion Cafe

TMS001859

Sesame Chicken with broccoli & carrots and cauliflower with red pepper.

Pork Rib Patty in Korean BBQ Sauce with broccoli and pineapple Mandarin coconut fruit.

Chicken With Thai Ginger Curry Sauce with green beans and carrots.

Fish in Sweet and Sour Sauce with gingered brown rice and edamame.

Beef Patty in Teriyaki Sauce with white rice and mixed vegetables.

General Tso's Chicken with ginger rice and peas & carrots.

Meatballs in Orange Sauce with white rice and peas.

Latin Flavors

TMS001857

Cuban Black Beans and Rice with whole kernel corn with red peppers and carrots.

Homemade Chicken Stew with carrots and strawberry applesauce crisp.

Beef Patty With Picadillo Sauce with green peas and sweet potatoes.

Three Bean Beef Chili with squash medley.

Mexican Bean Burrito With Queso with carrots and parsleyed whole kernel corn.

Pork Riblet in BBQ Sauce with sweet potatoes and mixed vegetables.

Western-Style Omelet with diced potatoes and strawberry applesauce crisp.

Latin Kitchen Favorites

TMS001858

Chicken Enchilada with Mexicali corn.

Vegetarian Chili with carrots.

Chicken Fajita with buttered squash and black beans.

Pork Chop Patty in Sofrito Sauce with cilantro stewed tomatoes and sweet potatoes.

Twisted Mac & Cheese with Chicken Chortizo with carrots.

Rancheros Omelet with cranberry pears.

Beef Patty With Picadillo Sauce with green peas and sweet potatoes.



Option 1

TMS0001282

Chicken Cutlet with mashed sweet potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Beef Picadillo with mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

Spanish Omelet with parsley potatoes, green beans & corn, whole wheat dinner roll, margarine, and fruit juice.

Sweet and Sour Beef Meatballs with white rice, peas & carrots, whole wheat dinner roll, margarine, and fruit juice.

Breaded Fish with pasta with garlic sauce, green peas & carrots, whole wheat dinner roll, and fruit juice.

Turkey Chili with roasted garlic red potatoes, cabbage, whole wheat dinner roll, margarine, and fruit juice.

Cheese Stuffed Shells with mixed vegetables, whole wheat dinner roll, and fruit juice.

Option 2

TMS0001279

Baked Ziti with Ground Beef & Marinara Sauce with green peas, whole wheat dinner roll, and fruit juice.

Teriyaki Fish with vegetable fried rice, cabbage & corn, whole wheat dinner roll, margarine, and fruit juice.

Chicken Cutlet with garlic mashed potatoes, green beans, whole wheat dinner roll, margarine, and fruit juice.

Beef Meatballs with Sofrito Sauce, with white rice with red beans, carrots & corn, whole wheat dinner roll, and fruit juice.

Cheese Lasagna with mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Turkey Picadillo with mashed potatoes, carrots & corn, whole wheat dinner roll, and fruit juice.

Cheese Omelet, with parsley potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

All meals include nonfat dry milk.



Option 3

TMS0001281

Cheese Stuffed Shells with carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

Chicken Cutlet with mashed potatoes, green peas, whole wheat dinner roll, margarine, and fruit juice.

Pineapple Glazed Fish with white rice with black beans, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Salisbury Steak with Gravy with parsley potatoes, green beans, whole dinner roll, margarine, and fruit juice.

Spanish Omelet with hash browns, green beans & corn, whole wheat dinner roll, margarine, and seasonal fruit or fruit juice.

Breaded Fish with spaghetti with garlic sauce, mixed vegetables, whole wheat dinner roll, and fruit juice.

Beef Meatloaf with Mushroom Gravy with garlic mashed potatoes, carrots, and fruit juice.

Option 4

TMS0001280

Beef Meatballs with Sofrito Sauce with mashed potatoes, carrots & peas, whole wheat dinner roll, margarine, and fruit juice.

Eggplant Parmesan with pasta with marinara sauce, green beans & carrots, whole wheat dinner roll, margarine, and fruit juice.

Beef Meatloaf with Mushroom Gravy with garlic mashed potatoes, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

Chicken Cutlet with Spanish rice, cabbage & carrots, whole wheat dinner roll x2, margarine, and fruit juice.

Fish Almondine with spaghetti and garlic sauce, carrots, whole wheat dinner roll, margarine, and fruit juice.

Cheese Omelet with hash browns, mixed vegetables, whole wheat dinner roll, margarine, and fruit juice.

All meals include nonfat dry milk.



Pantry Meals offer a nutritious, shelf-stable meal in minutes with minimal preparation. Prepackaged in easy-to-open containers, these meals are convenient to have on hand as no refrigeration is required. Meals feature brands such as Nature Valley®, Kashi® and Keebler.

Option 1 (SS000 893)

- ☐ **Red Beans and Rice** with fruit juice, mixed fruit cup, whole wheat tortilla, and granola bar.
- ☐ **Beef Hash** with fruit juice, applesauce, and oatmeal.
- ☐ **Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- ☐ **Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- ☐ **Chicken Stew** with fruit juice, mixed fruit cup, graham crackers, wheat crackers, peanut butter, jelly, and granola bar.
- ☐ **Chicken Salad** with raisins, peach cup, and whole wheat crackers.
- ☐ **Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.

Option 2 (SS000 891)

- ☐ **Beef Stew** with applesauce, whole wheat crackers, peanuts, and granola bar.
- ☐ **Spaghetti and Meatballs** with fruit juice, graham crackers, and peanut butter.
- ☐ **Lasagna** with fruit juice, graham crackers, wheat crackers, and chocolate pudding.
- ☐ **Chili Mac** with raisins, whole wheat tortilla, and sunflower seeds.
- ☐ **Chicken Stew** with fruit juice, mixed fruit cup, graham crackers, wheat crackers, peanut butter, jelly, and granola bar.
- ☐ **BBQ Beef** with fruit juice, raisins, whole wheat crackers, and sunflower seeds.
- ☐ **Cheesy Potatoes and Turkey Ham** with sunflower seeds, granola berry crunch, and animal crackers.

☐ Available in **5-day** meal plan.

☐ Available in **2-day** meal plan.

Based on product availability, substitutions may be made.





Option 1

SS00409

Beef Stew with orange juice, applesauce, wheat cracker x2, peanuts, granola bar x2, hot.chocolate powder mix. and SunMeadow nonfat dry milk.

Spaghetti & Meatballs with orange juice, raisins, animal crackers, peanut butter, shredded wheat cereal, and SunMeadow nonfat dry milk.

Chicken & Pasta with orange juice X2, whole wheat crackers x4, peanut butter, raisins, Nutrigrain bar, hot chocolate powder mix, and SunMeadow nonfat dry milk.

Franks & Beans with orange juice, wheat crackers x2, sunflower seeds, Kashi bar, hot chocolate powder mix, and SunMeadow nonfat dry milk.

Chicken Stew with orange juice, peanut butter/jelly, mixed fruit cup, graham crackers, instant oatmeal, SunMeadow nonfat dry milk.

Chicken Salad with apple juice, whole wheat crackers x4, raisins, sunflower seeds, peach cup, and SunMeadow nonfat dry milk.

BBQ Beef with orange juice, whole whole wheat cracker x6, raisins, sunflower seeds, and SunMeadow nonfat dry milk.

Option 2

SS000410

Corned Beef Hash with orange juice, applesauce, instant oatmeal, and SunMeadow nonfat dry milk.

Franks & Beans with orange juice, wheat crackers x2, sunflower seeds, Kashi bar, hot chocolate powder mix, and SunMeadow nonfat dry milk.

Red Beans & Rice with apple juice, mixed fruit cup, whole wheat tortilla (2), granola bar, peanuts, and SunMeadow nonfat dry milk.

Lasagna with orange juice, wheat crackers, frosted mini wheats cereal, chocolate pudding, raisins, SunMeadow nonfat dry milk.

Chili Mac with apple juice, whole wheat tortilla (2), raisins, sunflower seeds, and SunMeadow non-fat dry milk.

Chicken & Pasta with orange juice x2, whole wheat crackers, peanut butter, raisins, Nutrigrain bar, hot chocolate powder mix, and SunMeadow nonfat dry milk.

BBQ Beef with orange juice, whole whole wheat crackers x6, raisins, sunflower seeds, and SunMeadow nonfat dry milk.

Based on product availability, substitutions may be made